

LightHouse

Portland Rescue Mission | NEWSLETTER



“One overdose led to six uses of Narcan – I should not be alive.”



TROY'S STORY OF HOPE

Glimmers in the Dark

As an active and outgoing child, Troy's childhood mirrored many of his peers from an outside perspective. Though his parents were divorced, Troy's mother worked hard to provide him and his sister with a warm and loving home. **Continued on page 3** ➔

2024 YEAR IN REVIEW

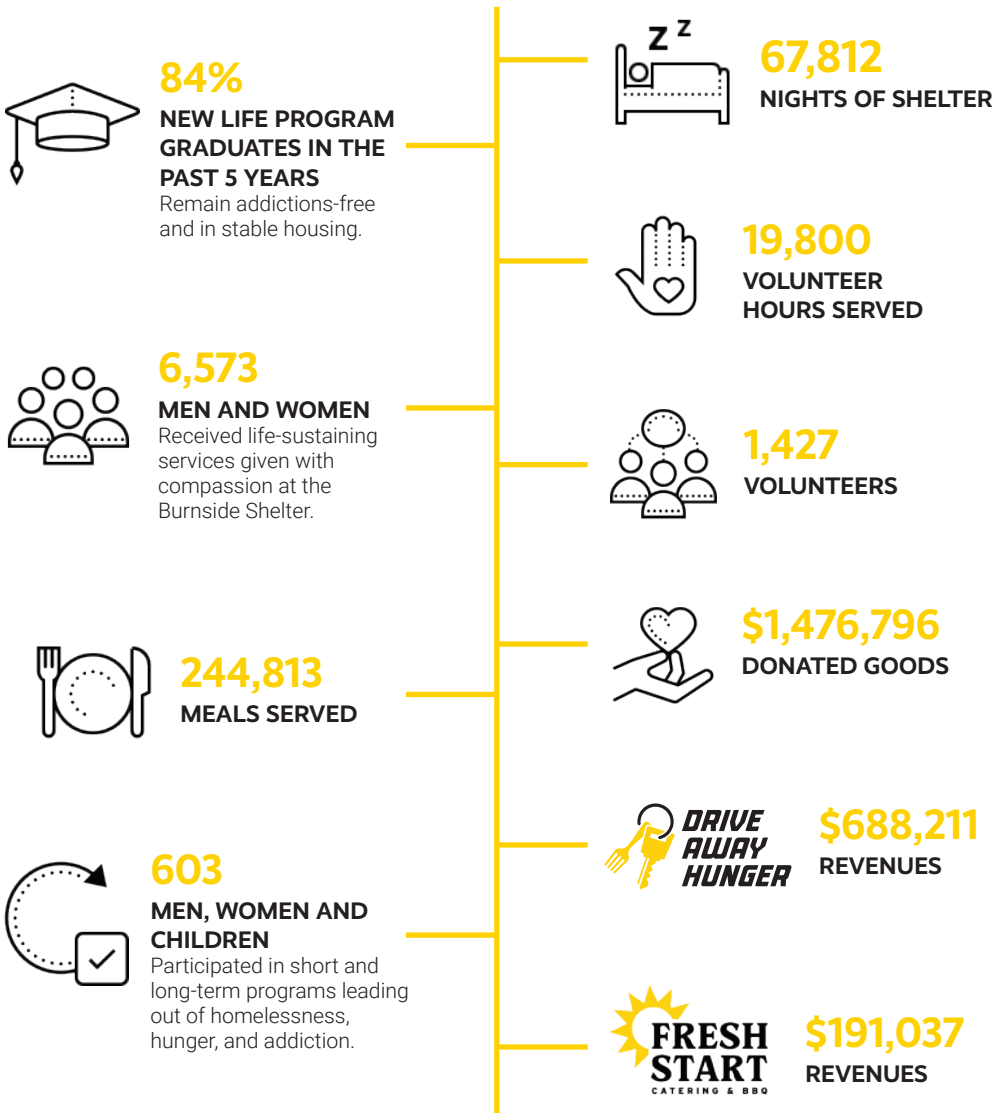
Welcome to our refreshed newsletter! We've updated the layout to make staying informed about Portland Rescue Mission's inspiring stories of hope and the latest mission updates easier. We hope you find the new design engaging and uplifting.

Your partnership in 2024 helped provide life-transforming support to thousands facing homelessness and addiction in our community. By meeting people where they are in their time of need, we offered compassionate care through personalized, integrated services, including Christian discipleship, life skills training, and addiction recovery. **Portland Rescue Mission is 100% community-funded by people like YOU.** All our services are free of charge for those in need. Transformation happens every day at Portland Rescue Mission. Thank you for your continued generosity and partnership.



89% of female graduates of our New Life Program from the last five years remain addictions-free and housed.

REVENUE of 2024: \$9,124,501



TROY'S STORY OF HOPE, continued

➔ Continued from the Cover Page.

Troy became an avid athlete in high school, but alcohol overshadowed his ambitions. Troy turned to cocaine, and that addiction derailed his life for years. His struggles deepened when he became a father and became estranged from his children.

“With the support of Portland Rescue Mission, I now have peace and joy.”

Troy began using fentanyl, which led to two near-fatal overdoses. The second required six doses of Naloxone (Narcan) to save his life, marking a dramatic turning point.

“One day, I tried powder fentanyl,” explained Troy. “And just one dose of fentanyl led to an overdose that resulted in six uses of Narcan to bring me back to life.”

Troy should be dead, but God had other plans for him. He was introduced to our men’s long-term residential recovery program, The Harbor. For the first time, he saw the light in the darkness.

“With the drugs and alcohol, I was chasing something that wasn’t real – they gave me a false sense of comfort and security,” explained Troy. “But honestly, they masked what I needed to work through.”

This winter, Troy will graduate from our New Life Program, which provides holistic care from Certified Alcohol and Drug Counselors and support from our dedicated staff to overcome substance use disorders, to experience spiritual transformation, and to develop life skills.

“I went through so much fury and destruction to find out that God has been waiting for me the whole time.”

Missing his children desperately, Troy is eager to rebuild trust and love, to be a stable and caring co-parent with their mother, and to be the father they deserve, day in and day out.

“It takes hard work and a deep connection to one’s raw feelings to

become real and honest about the choices we’ve made and the impact we’ve had on others in our lives,” said Troy. “I would not have been able to do the work without building a relationship with Christ and the support of the men at The Harbor.”



LEARN MORE ABOUT

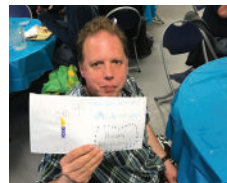


PortlandRescueMission.org/Troys-Story

TROY'S STORY OF HOPE!



Giving Hope. Restoring Life.



PORTLAND RESCUE MISSION

BIRTHDAY BASH FOR ALL

BURNSIDE BIRTHDAY BASH

Can you imagine a life where no one celebrated your birthday? Everybody deserves a birthday celebration! This March, we are reigniting the **Burnside Birthday Party** for people experiencing homelessness and addiction on the streets of Portland. It's a chance to communicate: "You are valuable, loved, and not forgotten." Partner with us to provide a meaningful "birthday present"—whether it's healthy food, a hygiene kit, blankets, or clothing such as a hat, coat, pair of socks, or shoes. These gifts are not just practical items; they're a way to remind our homeless neighbors that they matter. Be part of this heartwarming event, and together, let's make sure every life is celebrated.

Visit PortlandRescueMission.org/Birthday2025 to share your love and get involved!

The Future is BRIGHT!

For 75 years, Portland Rescue Mission has been a beacon of compassion, love, and grace to the community suffering from homelessness and addiction. With a dedicated staff and the invaluable support of 1,400+ volunteers, Portland Rescue Mission is committed to offering life-transforming care that leads to real, permanent change. We

offer compassionate care through personalized, integrated services, including Christian discipleship, life skills training, and addiction recovery. Portland Rescue Mission is 100% community-funded, offering all services free of charge to those in need. Every day, hope and transformation are realized at Portland Rescue Mission.

Donate to
Portland Rescue Mission:



PortlandRescueMission.org/Winter2025