



**Portland
Rescue Mission**

The Harbor

Where New Life
Is Possible



Steps to a New Life

Portland Rescue Mission's New Life Programs offer healing and life transformation through Christian-based, highly-relational care. At The Harbor, up to 38 men overcome addictions, receive life skills development and job-readiness training, experience relational growth, and are strengthened in faith, all in a retreat-like setting in northeast Portland. New Life Programs begin with Discovery Program, a 5-week stabilization and introductory program, which is followed by Restoration Program, a one-year comprehensive holistic program. Additional transition programs are available upon graduation.

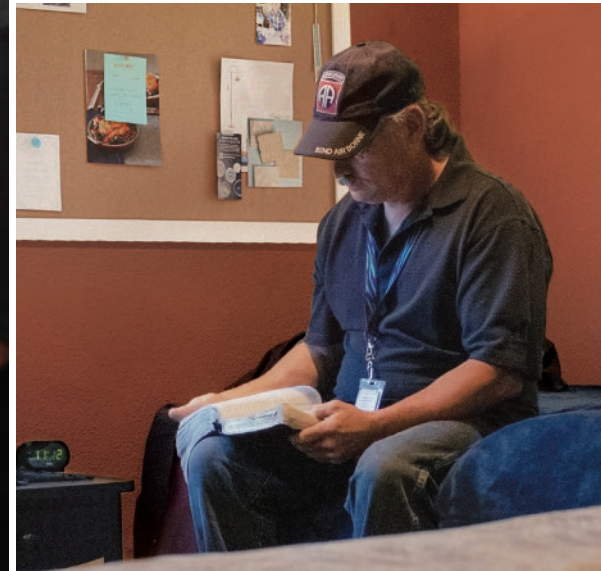
We offer sustainable growth in a caring community through:

- Relapse Prevention
- Peer to Peer Groups
- Counseling
- Legal and Health Care Advocacy
- Emotional Development
- Spiritual Encouragement
- Connection With a Supportive Church
- Essential Life Skills Training
- Vocational Training
- Job Search and Application Assistance

All programs provided free of charge.



80% of graduates from the last 4 years are in stable housing and free from addiction. You can be too.



Our Compassionate Staff:

New Life staff includes people with advanced education degrees and Oregon certified alcohol and drug counselors (CADC) to walk with you on your journey of healing. Our staff and volunteers cultivate a safe, supportive environment that fosters personal growth so that you can experience life transformation.

"I realized I couldn't do it on my own and I needed help. The Harbor has been just that, a safe harbor. God has provided in every way imaginable."

~Jeffrey

"The biggest thing I've gotten here is fellowship. There are people here that genuinely care about my well-being."

~Nathan



**Portland
Rescue Mission**

Giving Hope. Restoring Life.™

The Harbor
New Life Ministry for Men

Programs at The Harbor
are provided free of charge.

Intake Line

503-746-9664

PortlandRescueMission.org