



**Portland
Rescue Mission
Shepherd's Door**

Giving Hope. Restoring Life.®

Shepherd's Door

Where New Life Is Possible



Steps to a New Life

Portland Rescue Mission's New Life Programs offer healing and life transformation through Christian-based, highly-relational care. At Shepherd's Door, up to 42 women and mothers with children overcome addictions, receive life skills development and job-readiness training, experience relational growth, and are strengthened in faith, all in a retreat-like setting in east Portland. New Life Programs begin with Discovery Program, a 5-week stabilization and introductory program, which is followed by Restoration Program, a one-year comprehensive holistic program. Additional transition programs are available upon graduation.

We offer sustainable growth through:

- Relapse Prevention
- Emotional Development
- Connection With a Supportive Church
- Peer to Peer Group Work
- Caring Community
- Daycare and Children's Ministry
- Mother-Child Reunification
- Legal and Health Care Advocacy
- Essential Life Skills Training
- Job Search and Application Assistance



80% of graduates from the last 4 years are in stable housing and free from addiction. You can be too.



Our Compassionate Staff:

New Life staff includes people with advanced education degrees and Oregon certified alcohol and drug counselors (CADC) to walk with you on your journey of healing. Our staff and volunteers cultivate a safe, supportive environment that fosters personal growth so that you can experience life transformation.

"I came here with shattered dreams, a broken heart and I felt like I had a bleeding soul. Shepherd's Door was a breath of fresh air. This program has been a vehicle to start my life again."

~Michelle

"I am blessed beyond measure to be safe and well taken care of...I feel so lucky to be here."

~ Rashawna



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New Life Ministry for Women & Children

Programs at Shepherd's Door
are provided free of charge.

Intake Line

503-746-9743

PortlandRescueMission.org