



For Mark, Thanksgiving means giving back

Her death left a gaping wound in Mark's heart.

Through 28 years of marriage, and raising seven kids, Susan had been an anchor for their family. They'd married young and been through so much together. Mark loved her deeply. After she died, nothing mattered.

In the darkness of grief, Mark tried to shove the pain aside with drugs. He lost his home and lived on the streets. "I was eating out of trash cans and dumpsters," Mark says. "I slept in dirty blankets. I didn't care what I looked like. I didn't care what I smelled like. Life didn't matter."

Holidays only made the pain worse. Thanksgiving just reminded Mark of all he'd lost—not just his wife, but relationships with his kids and grandkids who he hadn't seen in years. He was too ashamed to face them.

After years on the streets, and days without food, desperation drove

Mark to find help. He was incredibly grateful to find a good meal at the Mission. The staff really seemed to care. "You know," one of them said, "we can help you, if you let us."

"A year ago, I was mean and hateful.

But I'm not that person anymore. I feel like I have something to give back to the world."

That caring connection was just the vspark Mark needed to take a brave step forward. He joined our 3-month Connect program where all his needs were taken care of while he focused on rebuilding his life.

This Thanksgiving, instead of grief, Mark's heart is filled with gratitude.

Now Mark is clean from drugs and has his own place to live. He's back in touch with his kids and grandkids who call or text him every day. The real transformation, though, has been his renewed passion for life and helping others. He wants to volunteer to cook meals for hungry people on the street this holiday season.

"Without Portland Rescue Mission, I'd probably be dead out there. I'm thankful that they took time for me. And now I can take time to help someone else."

Thanks to you, all of our programs are provided for free.
Please help more people like Mark with your gift today.

GRAD-ITUDE

GRADUATES OF OUR NEW LIFE MINISTRIES SAY "THANK YOU!"



MARIANNE

Graduate of Shepherd's Door

I was lost and confused. Using drugs. In a really unhealthy relationship. Distant from my family. I didn't have any hope.

I do have hope now. I see myself having a future.

The biggest change is my knowledge of God's truth and who I am in Christ.

Thank you from the bottom of my heart.

I don't know where I'd be without this place.



MAUREEN

Graduate of Shepherd's Door

I had legal issues, lost my job, and was nearly homeless. I got involved in bad relationships that were abusive in every way. I was looking for love in all the wrong places.

Shepherd's Door has given me hope, healing and the love of Christ. I am free from addiction and codependency.

I have been made whole!



UUS///W Graduate of The Harbor

Before coming here, I was living in my car. I had about two dollars left. I was just trying to stay alive.

The biggest change has been in my internal thought process. My life is better today because I'm not drinking, and I'm not doing drugs.

God has given me hope for a future.



ANIHUNY

Graduate of The Harbor

Before I came to The Harbor, I hated myself. I hated a lot of things going on in my life. I didn't want any help because I didn't think I deserved it.

When I first got here, I felt lost, unworthy and unreliable. Now I feel like I'm strong, I'm trustworthy, and I'm loyal.

I am a stronger person than I realize.





SUPPORT PEOPLE IN NEED THIS FALL!

People are rescued from homelessness and addiction because you care!

Here's 4 ways you can be a part of the action this fall.

- 1. Mark the below dates on your calendar.
- 2. On the day of the event, like and share our Facebook, Twitter and Instagram posts.
- 3. Volunteer to answer phones or enter data.
- **4.** Sponsor an event with matching money through your business or organization.



GIVE HOPE TELETHON

Thursday, November 2

Special programming at 7 PM



HOPE FOR THE HOLIDAYS TELETHON

Thursday, December 7

Special programming at 9 AM and 3 PM





SHELTER365 WEEK

The week of November 13



SHELTER365 RADIOTHON

Thursday, November 16 6 AM to 6 PM

To sponsor or volunteer, contact: partnership@pdxmission.org

THANK YOU, COMMUNITY PARTNERS!



Kuni Lexus of Portland

sponsored a celebratory dinner for our "Raise the Roof" campaign to replace the roof of the Burnside Shelter.



Back to Eden Bakery

provides delicious baked goods for hungry people at our Burnside Shelter several times each week.



New Seasons

Concordia, Seven Corners, and Sellwood locations provided 2,859 meals to hungry men, women, and children during their annual Hunger Match weekend.



Chick-Fil-A Tanashourne

donated chicken sandwiches for guests at our annual Birthday Party for the Homeless

WAYS TO GIVE

DONATE FUNDS

- Give monthly. Receive less mail.
- · Cater an event with Mission BBQ
- Leave a lasting legacy through your will, annuity or trust

DONATE GOODS

- Receive a maximum tax deduction by donating your car
- Drop off blankets, socks or jeans

DONATE TIME

- Volunteer to serve a meal, teach a class or work with kids
- Spread the word by joining us on social media: PortlandRescueMission.org/Join

□ Donate via credit card:

Circle One:









Expiration Date:____

Card Number: _____ Phone:

Name: Address:

Donate securely online: www.PortlandRescueMission.org/FallNL

☐ Keep me updated with news and stories through email:

☐ Please pray for: _____

Tell me more about:

- Monthly giving through checks, auto-pay, or electronic transfer
- Donating my car
- ☐ Planning my estate, annuity, or trust
- ☐ Volunteering at the Mission (Please complete contact information at left)

Donations to the Mission are tax deductible to the fullest extent allowed by law. Any gifts received above our current need will be used to help care for hurting people throughout the year.



THE JOURNEY TO GRATITUDE

For most men and women trapped in addiction and homelessness, the outside world has been so painful, they try to shut it out completely, turning inward to survive.

But your giving creates a dramatic shift in how they experience the world...

By providing compassionate <u>care</u>, relational <u>connection</u> is formed which can build the <u>trust</u> necessary to enter into programs where <u>healing</u> can occur, filling the heart with <u>gratitude</u>.

You care for hurting people by meeting their most urgent needs. Easing hunger with a hot meal. Resting weary bodies with a hot shower and a safe bed.

You create connection, the first step toward building trust. Healthy relationships take root with volunteers, mentors, staff, friends and family—a strong support network for the future.

You offer healing through our recovery programs. Hurting people

learn how to work through their trauma. They're invited into a relationship with God where they experience forgiveness and find freedom from old, destructive thinking.

You cultivate gratitude. Where men and women once felt only pain, now their hearts are filled with thanks. They're grateful for another chance at life. Grateful to you for making it possible.

And that's when I know real change is flourishing—when I see one of our residents filled with gratitude, like Jermaine pictured here. When they're so overcome with joy at all they've received, they're inspired to serve others.

And when they do, the journey begins again: Care ► Connection ► Trust ► Healing ► Gratitude.

Even more lives are changed!

This remarkable journey begins with you, my friend. So, along with the countless people who've been helped by your support, my heart is filled with gratitude for you.

Thank you for giving and caring!

Eric Bauer

Eric Bauer
Executive Director



MY GIFT OF HOPE

Yes, I want to help end homelessness, addiction, hunger and abuse.

To help hurting men, women and children, here is my gift of:

□ \$16 a month to provide 120 meals a year

□ \$24 a month to provide 180 meals a year

□ \$_____a month to help give hope

□ \$_____one time gift

Enclose your check or complete your credit card information on back.



Portland Rescue Mission

Giving Hope. Restoring Life.®

P.O. Box 3713 Portland, OR 97208-3713 503.MISSION (647.7466)

To donate online, visit

PortlandRescueMission.org/FallNL

Thank you for your support!