

PORTLAND RESCUE MISSION



Homelessness has a beginning. It can have an ending.

When a hurting man or woman comes to Portland Rescue Mission for help, there's more to them than homelessness or addiction. There's often a heartbreaking back story of trauma that has left them unable to cope with everyday life.

With your help, our life-giving ministries work together to bring a hurting person out of brokenness and despair into healing, truth and purpose. And a new life, powered by a personal relationship with God.

We start by meeting emergency needs with hot, nutritious meals and safe, warm beds. We provide blankets, clothes, toiletries, mail service, referrals and 24/7 access to clean restrooms. But those are just the first steps in a journey toward healing.

In our New Life Recovery Ministry, we guide men and women through intensive healing from the destructive root causes

behind their addictions. We invite them into a meaningful relationship with Christ. We provide resources to resolve legal and family issues – with a view to reunite fathers, mothers and children as a healthy family. We equip them with basic education and practical life skills to help them launch a positive future.

You are a key part of this vital process. Volunteers, financial supporters, prayer partners, donors of food and clothing – all work together to help us give something more. More than a meal. More than a bed. You give HOPE.

Thanks for helping us make a new reality for hundreds of hurting men, women and children here in the Portland area.

ERIC BAUER EXECUTIVE DIRECTOR









Choices lead to change. Watch our "Dominoes" video.

(Scan with RedLaser app or other QR code reader.) www.PortlandRescueMission.org/Dominoes

THE JOURNEY HOME

HOPE FOR HURTING PEOPLE

No one wants to be homeless, alone, starving and cold.

Sometimes the cause is circumstantial: unemployment, poverty, rising costs of living, lack of basic life skills or having a criminal record. Many times, the cause is a deeper struggle: trauma, domestic violence, broken families, mental illness and addictive behavior.

Whatever the cause, the condition of men and women who come to us for help is almost always the same. Below the surface, they're trapped in isolation, relational brokenness and deep-seated emotional pain.

Your support helps us offer hurting people a way to a healthy home... a fresh start.



Homeless people find refuge and hope. Watch our "Home" video. (Scan with RedLaser app or other QR code reader.) www.PortlandRescueMission.org/Home **EMERGENCY SERVICES**

BURNSIDE SHELTER





WHERE HOPE BEGINS GUEST AND EMERGENCY SERVICES

· met 1221

Hope begins with a meal. A good night's rest. A welcoming smile from a caring person.

Thanks to compassionate public support, all of our services are provided free of charge.

MORE MEALS



EXPANDED SHELTER





* Projected numbers

MEALS

We provide breakfast and dinner every day, plus lunch on weekends – up to 950 meals a day, 365 days a year.

SHELTER

Up to 170 homeless guests have a safe, warm bed with us each night.

RESTROOMS

Secure, private restrooms are open to both men and women 24 hours a day.

SHOWERS / CLOTHING

We distribute donated socks, underwear, blankets, hats, gloves and hygiene items to our homeless guests. Showers are available for men, and we will offer showers for women in Summer 2013.

MAIL SERVICE

We serve as a mailing address for around 1,000 homeless men and women.

REFERRALS

We actively partner with area social service agencies to help homeless guests get the specialized assistance they need.

HEALING BODY, MIND AND SPIRIT NEW LIFE RECOVERY MINISTRY

Transformation is a gradual process. Like a caterpillar becomes a butterfly, the men and women in our New Life Recovery Ministry leave their past behind and rise into a new life.

After 12 to 18 months, the result is healing in every aspect of a hurting person's life: emotional, mental, spiritual, physical and relational. It's a total life recovery.

SPIRITUAL GROWTH

Many hurting people reject God due to trauma they've experienced. Through loving discipleship and compassionate care, prayer, worship and Bible study, we encourage them toward a personal, loving God who wants to heal and prosper their lives.

LIFE SKILLS

Many of our recovery residents have little experience with what it means to live a "normal" life. We provide basic education, practical life skills and job training to help them take responsibility and pride in their future.

ADDICTIONS RECOVERY

Deep wounds lie behind most addictions. Drugs, alcohol, toxic relationships and other obsessions temporarily numb the pains of life, but they can destroy a person in the process. Through counseling, we help men and women heal from the past, learn about their addictions and establish new habits with healthy accountability.



Francis got off the streets through our LINK program. Watch his story.

(Scan with RedLaser app or other QR code reader.) www.PortlandRescueMission.org/Francis

"LINK" OFFERS STRUCTURE FOR A HEALTHY LIFE

Our new LINK ministry helps homeless men transition into work and independent housing in a relatively short time span. And it stops the downward spiral to homelessness and its challenges.

Homeless men who are sober and drug-free can have an extended stay at our Burnside Shelter while they look for work and save money.

In exchange, they work several hours a week alongside our staff to help keep our facilities and ministries working smoothly.

The added structure, accountability and encouragement LINK participants receive has proven to be a highly effective catalyst in moving them forward toward their goal of a healthy life.

Fifty men benefited from the LINK program in 2012. Most found housing within three months. We typically have a waiting list of around 40-60 men hoping to join.



SLOW-MOTION SUICIDE

KEVIN FOUND HOPE AND PURPOSE TO LIVE

Like nearly every man and woman who comes to the Portland Rescue Mission for help, Kevin had completely given up. Anguish from his mistakes overwhelmed him. He'd been beaten down so many times, he couldn't bring himself to get up and try again. Kevin felt truly hopeless.

Just 17 when he got married, Kevin wasn't ready for adult life. "I was angry because my father had died, and I took it all out on my wife," he remembers. Then his mother got sick with cancer. Kevin looked for refuge in alcohol, dooming his marriage further. "I tried, but it was too little, too late." His wife left and took their baby son with her.

Years later, Kevin tried a second marriage. He desperately wanted to be a good father and husband, but nothing had changed inside him. History repeated itself. His wife divorced him and took their son away.

The heartache of his failures destroyed Kevin. "I had ruined the best things of my life. I felt like dirt, so I was going to drink myself to death. I called it 'slow-motion suicide' because I didn't have the guts to pull a trigger."

Kevin ended up in intensive care many times. "My heart stopped twice. They said if I drank again, it would be the last time. I didn't have more than two years to live."

"DO YOU

"I decided to drink until I was dead."

A hospital counselor asked Kevin, "What do you want? Do you want to die in here?" Kevin made a choice. "No, I want to get help. But I don't know where to go." She helped him get into detox and then to the Mission.

"Portland Rescue Mission has changed my life in every possible way," says Kevin. "I didn't know where to go. I didn't have hope. I didn't have faith. I didn't believe in myself. The Mission helped me find those things again. They brought Jesus back into my life." Rather than living in regret, Kevin owns his mistakes and moves beyond them. "I don't have to be that person. I don't have to live in the past. There is a way to move forward."

Kevin recently graduated from our New Life Recovery Ministry. He has housing and a job. He eagerly shares his story with others who are going through tough times to give them hope. His life is filled with purpose. "God lifted me and let me know that He has things for me to do yet."





UNDER THE BRIDGE

GOD PULLED KRISTIE OUT OF DANGER AND DESPAIR

Kristie shivered, half-asleep and dazed as she lay on the cold cement. Cars whizzed above her across a bridge in Portland, a world away from the stench and filth around her. Kristie was completely alone – and frightened.

Despair overwhelmed Kristie. "I was so emotionally tired that I just wanted to crawl under a rock and not even live at that point," she recalls. "I was so sick. But I kept on drinking."

It wasn't that Kristie hadn't tried to get her life together. She'd been in and out of recovery for nearly 10 years. But none of the treatment programs seemed to get at the root anger that boiled inside her. Kristie hated God, resented people who had hurt her and loathed herself. Unable to deal with those feelings, she repeatedly pushed people away and fell back into addiction.

Through an old friend, Kristie found Shepherd's Door, Portland Rescue Mission's ministry to women and children. She knew some of the women in recovery and was amazed at the changes she saw. "Their faces had softened, their behavior, their actions and their demeanor," says Kristie. That was the kind of transformation she was starving for.

"The recovery process helped me release those resentments that I built up," Kristie says. "I'm able to see the bitterness I had, to forgive people who have hurt me. When I do have conflict, I don't have to react in anger."



"Forgiving myself was a luge step for me."

The guilt melted away too. Kristie had built up many regrets over her addiction, her failed marriage and the turmoil it caused for her son.

Kristie's son, now an adult, sees the change in her and has reached out to restore their relationship. "I'm finally doing something right in my life," she says. "I've broken a lot of trust with him, and I'm gaining that back. I hope that God restores our relationship more as we spend time together."

Kristie has found refuge, healing and the first steps toward a life filled with hope at Portland Rescue Mission. Counseling, spiritual renewal and life skills training have given her stability and confidence. She looks forward to college and a career in an office setting.

God has healed Kristie's hard and wounded heart into one filled with peace and gratitude. "I have something to live for. God loves me and cares for me, and that makes me feel worthy."

Kristie slept beneath a Portland bridge.



WHERE WE SERVE

We offer welcoming environments where men, women and children feel safe.

BURNSIDE SHELTER

Located just west of the Burnside Bridge in downtown Portland, this hub of emergency services is where we provide meals, shelter and other personal care, 24 hours a day, 365 days a year.



Every Tuesday night, homeless women receive tender care foot massages, snacks and conversation

— from a team of loving staff and volunteers at our Burnside Shelter. This will expand to daily care in Summer 2013.



NEXT STEP

Renovation of Next Step began in 2012 to significantly increase our ministry capacity. The new Next Step will house our entire men's New Life Recovery Ministry, including staff office space and classrooms, three meals a day and increased volunteer opportunities.

This expansion of Next Step will free more space at the Burnside Shelter downtown for emergency care (meals, shelter, relationshipbuilding) of homeless men and women.

SHEPHERD'S DOOR

Up to 40 women live together and journey through recovery here. Private bedrooms and comfortable spaces create a nurturing environment.

Young children may live with their mothers at Shepherd's Door and benefit from our state-certified childcare facility. Older children attend public school and participate in our after-school and summer programs.



New gardens at Shepherd's Door were constructed just in time for spring planting. The 12 new beds are used to teach

gardening skills and provide fresh produce for the women and children in the New Life Recovery Ministry.



VOLUNTEERS ARE HOPE IN ACTION

Last year, about 5,000 volunteers donated over 35,000 hours to help us feed and care for men, women and children in need –that's 17.5 full-time staff positions!

These dedicated men and women help create an encouraging environment of hospitality and also reduce our overhead costs.

Volunteers help change lives as they:

- » Cook, serve and enjoy a meal with a homeless guest
- » Tutor a recovery resident toward basic education or a GED
- » Mentor an addicted man or woman through recovery
- » Paint, clean and help maintain our facilities
- » Assist with data entry and administrative projects

www.PortlandRescueMission.org/Volunteer



"The men in the recovery ministry essentially come here with nothing. Watching them grow from this broken down person with no direction in their life, and then to see the dramatic positive change over time — it's God Working miracles. It's a beautiful thing to see."

Marty Voge has been a dedicated volunteer at our Burnside Shelter for over 5 years. He's tutored in our Learning Center, cooked in the kitchen, counseled as a Career Coach and led a Discipleship Group.

DONATIONS MEET VITAL NEEDS

At Portland Rescue Mission, we measure hope by the ton – over 275 tons, in fact. That's how much food, toiletries and clothing was donated this year by friends like you to help us care for people in need.

Every item passed along to a homeless guest provided an interaction, a chance to offer a smile and a word of encouragement.



Over 860 cars were donated to the Mission's Car Sales and Donations ministry. Certified mechanics carefully recondition cars, then we sell them, providing donors with the maximum tax deduction allowed. Vocational training for recovery residents is part of this process.

All proceeds stay in Portland and go directly to help us feed and care for more hurting men, women and children.

DOLLARS CHANGE LIVES FISCAL YEAR 10/1/11 – 9/30/12

REVENUE

CASH DONATIONS	\$5,827,885
OTHER CASH REVENUE	338,755
SALES OF DONATED VEHICLES	1,214,287
IN-KIND CONTRIBUTIONS	2,879,621
TOTAL REVENUE	
\$10,260,548	

EXPENSES

PROGRAM SERVICES \$7,257,500 FUNDRAISING/DEVELOPMENT 1,688,882 ADMINISTRATION 700,601 TOTAL EXPENSES

\$9,646,983

CHANGE IN NET ASSETS \$613,565



WHERE FUNDS COME FROM

86% INDIVIDUALS
7% FOUNDATIONS
5% BUSINESSES
2% CHURCHES
1% OTHER



\$1.88 PROVIDES A HOT, NUTRITIOUS MEAL





PORTLAND RESCUE MISSION

503-MISSION (647-7466) WWW.PORTLANDRESCUEMISSION.ORG

GIVE SOMETHING MORE

More than a meal. More than a bed. Give HOPE. BOARD

TODD SHEAFFER CHAIR

STEVE STRATOS VICE CHAIR

KATHY ANFUSO SECRETARY MERRIT QUARUM JANINE SCHULWITZ HOWARD TURNER MARTY VOGE

LOCATIONS

BURNSIDE 111 W. BURNSIDE PORTLAND

NEXT STEP 10336 NE WYGANT ST PORTLAND

SHEPHERD'S DOOR 13207 NE HALSEY ST PORTLAND